

# Edicola

## Peninsular Italian-American Lodge #2145



In this issue:

Palermo, Sicily

Recipe of the  
Month:  
*Tuna & Pasta:  
Sicilian Style*

We're on the web!

[www.pial2145va.org](http://www.pial2145va.org)

## President's Message

Brothers and Sisters,  
It is difficult to believe that September is here already. Of course, that brings the start of school and football season. As a youth, I always anticipated fall for those things and also holidays such as Halloween and Thanksgiving. For us, this time of year also ushers in one of the busiest and most fun time for our club. We have 3 festivals in which we are participating, our Columbus Day Dinner, and then Thanksgiving and Christmas dinners. I am ready to dive right into all these.

When I was growing up, September also meant paying close attention to the weather. This was so we could protect our precious tomato plants. We always had the possibility of frost starting in September. If cold was predicted, but not too cold, we might cover up our plants. Once frost was firmly forecasted, we would go out and gather all tomatoes left on the vine. We would bring them down to our basement and wrap them in newspapers. I always felt we were trying to capture that last bit of summer and each time we used one of those tomatoes we would release it again, at least for that meal.

In the September meeting, I will pass around a sign-up

## Palermo, Capital of Sicily

sheet for volunteers to help at the CIAO festival. We also need you to bake cookies, as Brenda Wrightington described at our last meeting. These cookies sales are big money maker for us. Please consider making cookies if you can.

Until next time,

Jim DeLucia  
President

### PALERMO, SICILY

Palermo is over 2,700 years old. The city is located on the northwest side of the island on the Gulf of Palermo, part of the Tyrrhenian Sea, at the foot of Monte Pellegrino. It was founded by the Phoenicians and named Panormus, largest port of all the sea, by the ancient Greeks. Palermo became part of the Roman Republic and later part of the Byzantine Empire for over a thousand years. It first became a capital when it was under Arab rule during the Emirate of Sicily. From 1130 to 1816 it was the capital of the Kingdom of Sicily. The Baroque period (17th and 18th centuries) was an age of splendor for the city that left a lasting mark on its civic and religious buildings. The Via Maqueda divides the city into east and west. The eastern half includes old

Arab quarters and monuments dating from the late Middle Ages and the Renaissance. On the edge of the Arab quarter is the Piazza Marina, one of the City's largest squares. It has seen knights' tournaments, theatre performances, markets and public executions and was once part of the harbor until it was silted up and reclaimed. The most important building on the Piazza is the Palazzo Steri-Chiirramonte. The palazzo has been occupied by powerful leaders from the Normans to the Spanish. In the 17th century it housed the Inquisition courtroom and later became the City's court of law. Near the Piazza is the Museo International delle Marionette which holds over 2,000 marionettes, puppets and shadow puppets from Sicily and around the world. Another attraction is the Vucciria. At the heart of the city, it is known for its colorful fruit, vegetable and fish market. It is especially attractive in the evening when thousands of lights illuminate the area.

West Palermo contains many impressive buildings and churches, including Palermo's cathedral dedicated to Our Lady of the Assumption and the Capella Palatina. The story is that Roger II and the Bishop were in competition to see

---

*Please contact any Board Member if you know of any lodge member who is ill. We are truly a family and it is important to support each other. Thank you.*

## Palermo, Capital of Sicily (cont'd)



which of the churches would be completed first. The Capella Palatina contains splendid mosaics that make it a jewel of Arab-Norman art. Another important feature is the wooden ceiling over the central section of the nave that consists of wooden coffers with paintings in tempura, an old Arab technique. There is also a candelabrum made entirely of white marble that is the oldest Romanesque work of art in Sicily.

Between the Palazzo dei Normanni and Via Maqueda is the Albergheria quarter, home of merchants and craftsmen in the Middle Ages. Corso Vittorio Emanuele is the main street in the heart of Palermo. It lies on the Phoenician road that connected the ancient city to the seaside. Locals call it "Cassaro" from the Arab al Quasar or castle to which the road lead. The square where it connects with Via Maqueda is Palermo's most fashionable square. The Teatro Massimo is one of the largest opera houses in Europe. It boasts five rows of boxes, a lavishly decorated gallery and a frescoed ceiling.



For cultural, artistic and economic reasons Palermo was one of the largest cities in the Mediterranean and a top tourist destination. Much of the city had to be rebuilt after the heavy bombarding it suffered in 1943. Now it is working toward becoming one of the major cities of Euro-Mediterranean area.

--Contributed by  
Madeleine Conway

## Important Info for Members

*Here is some information that may be helpful to you.*

\*\*Items are needed for the silent auction to be held at the Columbus Day dinner on October 8. Please bring items to the September 19 meeting.

\*\*You may want to bring paper and pen to the September meeting to take notes. Thomasine Kashin will be giving a presentation about Faceook and how to search your Italian heritage.

\*\*Anyone interested in a Board position for next year, please let a current Board Member know.

\*\*If you would like to bake cookies for the Ciao festival, please contact Brenda Wrightington.





## Recipe of the Month

### Tuna and Pasta (Shells) Sicilian Style

Tuna is synonymous with Sicilian cooking as are capers and olives.

- 6 ounces (1 can) tuna under oil
- 3 tablespoons capers
- 1/4 cup fresh basil
- 1/4 cup fresh parsley
- 4 tablespoons olive oil
- 1 teaspoon dried oregano

- 1/2 cup black Sicilian olives, pitted and sliced
- 4 ripe tomatoes, seeded and chopped
- salt to taste
- 1 pound shell pasta
- Break up tuna with packing oil in a bowl.
- Chop together capers, basil and parsley. When chopped add to tuna with olive oil, oregano, olives, tomatoes and salt. Mix together well and set aside for 30 minutes to marry the flavors.
- Cook pasta until al dente, about 8 minutes. Drain and toss with sauce. Serve immediately.
- Serves: 4

This recipe from:  
[www.inmamaskitchen.com](http://www.inmamaskitchen.com)



## Bon Compleanno Felice Anniversario

### September Birthdays

- 1 Lena Biondolillo
- 4 Ann Diaber
- 5 Jim D'Errico
- 9 Marie Anania
- 13 Pat Biondolillo
- 12 Frank Giunti
- 16 Ethelann Ponzo
- 20 Katie Cappellucci
- 28 Carol Filippi
- 28 Trish Fritz

### September Anniversaries

- 7 Leonard & Mary Waltz
- 16 Frank & Angela Tambone



---

May you live to be 100  
and may the last voice  
you hear be mine.

Frank Sinatra

Let us celebrate the  
occasion with wine and  
sweet words.

Plautus

Deadline for the newsletter is the 25<sup>th</sup> of the month. Please contact Briana Taravella at [btaravella1@cox.net](mailto:btaravella1@cox.net) if you have submissions or suggestions the newsletter.

## PIAL Officers

2010-2011

*President*

Jim DeLucia

*Vice President*

Beverly Amante

*Past President*

Bob Amante

*Orator*

Briana Taravella

*Recording Secretary*

Terry DeLucia

*Financial Secretary*

Frank Giunti

*Treasurer*

Ginger Stay

*Guard*

Thomasine Kashin

*Master of Ceremony*

Vince Anania

*Mistress of Ceremony*

Susan Yungbluth

*Trustees*

Richard Conway

Madeleine Conway

Brenda Wrightington

Jim Yoder

Pat Yoder

## Allied Brokers

Home Sales & Rentals

**JOHN PANE**

105 N. First Street

Hampton, VA 23666

Phone: (757) 850-2300

FAX: (757) 851-9640

**SHEILA PANE**

2800 Build America Drive

Hampton, VA 23669

Phone: (757) 826-0100

FAX: (757) 827-5050

### *Important dates to remember...*

September 17-18 – Virginia Beach Italian Festival – Virginia Beach

September 19 – Membership Meeting – Knights of Columbus

September 29 – Board Meeting – The Vineyard Restaurant

October 8 – Columbus Day Dinner, Immaculate Conception Church, Hampton

HAVE A WONDERFUL SUMMER!



PIAL 2145  
c/o Briana Taravella  
406 Nantucket Place  
Newport News, VA 23606-3559